

# Kerry J. Heckman MSW, LCSW

kerryheckman@gmail.com • 312.371.5632 • Chicago, Illinois

## Problem Solver

In my current position as a Licensed Clinical Social Worker I am required to solve the unsolvable problem. Clients come to me with complex issues and together we develop appropriate action steps and interventions. I don't believe there is any problem that cannot be solved or at the very least improved upon.

## Creative Thinker

I curate a personal blog entitled [www.bodymindlyme.com](http://www.bodymindlyme.com). I was chosen to be a regular contributor on a blog in my niche and write frequent guest posts for multiple blogs and websites. My content is engaging and relatable. In addition to my writing skills, I have an eye for design and ability to generate new ideas.

## Trained Communicator

Clinical social workers are trained in communication techniques, such as rapport building and empathetic listening. I am quick on my feet and am able to have the difficult conversation when necessary. I tend to use humor to foster relationships and break tension.

## Work Experience

Evergreen Park Community High School  
School Social Worker, August 2006-Present  
Evergreen Park, Illinois

Managing a caseload of up to 150 clients per school year. Providing individual, group, crisis, family counseling, and referral services to clients and their families. Goal setting with clients and evaluating progress toward goals. Event planning for a yearly retreat, including hiring speakers and scheduling activities for 125 students and adults.

Metro Social Services  
Program Coordinator, June 2003-July 2004  
Minneapolis, Minnesota

Managed two group home facilities for adults with mental illness. Supervised, trained, and scheduled all group home staff. Developed and implemented service plans for each resident and submitted quarterly reports on client progress to the state.

## Activities

Blogging  
Wellness and Lifestyle blogger  
Contributor to blogs and websites  
Social Media  
Experience with Facebook, Twitter, LinkedIn, Instagram, and Pinterest  
Writing  
Copywriting  
Creative writing

## Education

Master of Social Work, 2006,  
Loyola University Chicago, GPA 3.95/4.0

Bachelor of Arts in Human Services,  
2003, Millikin University, Decatur,  
Illinois, magna cum laude

**Interests** Writing • Traveling • Reading Non-Fiction • Antiquing • Yoga